

June 2017

50+ Program At A Glance

Evans

1116 Hillcrest 972-204-4971

Thursday	6/1	Half Price Books 9:30am \$2 deposit
Thursday	6/1	Yoga for Everybody 12pm \$5
Friday	6/2	Pinterest Pro Hot Air Balloon 9:30am \$3
Wednesday	6/7	Brunch and a movie Terrell 9:30am \$2 deposit
Friday	6/9	Senior Dance 7pm Southern Spur \$6
Tuesday	6/13	Ham Orchards 9:30am \$2 deposit
Wednesday	6/14	Site Council 9:30am
Wednesday	6/14	Birthday Lunch 11:30am
Thursday	6/15	"42" Tournament 9 am
Friday	6/16	Pinterest Pro \$4 Cookie Jar 9:30am
Monday	6/19	Brain Health talk with Meredith Pond 10am
Friday	6/23	Senior Dance 7pm Final Show Down \$6
Tuesday	6/27	Movie In House "The First of May" 9:30am free
Tuesday	6/27	After Hours Café 5:30pm \$6 Gospel Music with Nancy Kraemer

Goodbar

3000 Concord 972-329-8705

Friday	6/2	Table Volleyball 9 am
Tuesday	6/6	Site Council 9 am
Tuesday	6/6	Texas Winds 10am
Tuesday	6/6	Black Jack 12:30pm \$1
Wednesday	6/7	Casual Bridge Every Wednesday 12:30pm
Thursday	6/8	Skilled Nursing & Rehab with Christian Care 11am
Friday	6/9	DAAA Benefits Counselor 9 am
Friday	6/9	Top O' Hill Terrace & lunch at Babe's 9 am \$2 deposit
Tuesday	6/13	Bunco 9:15am \$2
Wednesday	6/14	Birthday Lunch 11:30am
Thursday	6/15	Nutrition Info with Humana 10:30am
Friday	6/16	Table Volleyball 9 am
Monday	6/19	Craft Day-All American Paint Stick 9 am
Tuesday	6/20	PPP/PAN 9:30am
Tuesday	6/20	Black Jack 12:30pm \$1
Wednesday	6/21	Memory Screenings Home Instead 10am
Thursday	6/22	Collin St. Bakery & Antique Shopping 9 am \$2 deposit
Friday	6/23	PJs & Pancakes 8:30am All You Can Eat \$3
Thursday	6/29	Poker Tournament 12:30pm
Thursday	6/29	Dinner Date @ Gloria's Firewheel 5pm
Friday	6/30	Table Volleyball 9 am

Rutherford

900 Rutherford 972-204-4965

Friday	6/2	Weight Room Orientation 10am
Tuesday	6/6	Ham Orchards 10:30am \$2 deposit
Wednesday	6/7	Site Council 11am
Thursday	6/8	Table Volleyball 11am
Monday	6/12	Patriotic Wreath Craft 10am \$10
Tuesday	6/13	Girlfriends- Brown Bag Dinner & Trail Walk at Samuel Farm 6:30pm
Wednesday	6/14	Table Volleyball 11am
Monday	6/19	Wii Bowling 6-Week League Starts
Thursday	6/22	Hand & Foot Tournament 9:30am
Tuesday	6/27	Birthday Pot Luck Red, White & Blue 11:30am
Thursday	6/29	La Madeleine's & Rockwall Cinemark 12 9:30am \$2 deposit
Friday	6/30	1940's-50's Flashback Diner \$3 Lunch & Singer Richard Barry



City-Wide Wii Bowling Tournament Winners

Evans

Billy, John, Jack, Norm



Goodbar

Mary Beth, Joyce,
Sherry, Dorina

Rutherford

Ray, Floyd,
Faye, Jerry



Summer Sizzle -Saturday, June 10 from noon-9:30pm at Paschall Park 1001 New Market Road.

Enjoy live music, food trucks, children's activities, a mud volleyball tournament and more.

Summer Sizzle will end with a fireworks show set to music.



Entrance into the park is **free**, but some activities will have a fee.



Congregate Meal Menu

June 2017

Lunch is served Monday through Friday at Evans and Goodbar Senior Centers. There is a suggested donation of \$1 for adults 60+ and a cost of \$5.50 for adults 59 and under. The project is supported in part by the City of Mesquite, The Dallas Area Agency on Aging and the Texas Department of Health & Human Services. Reservations are requested 2 days in advance and may be made by calling or visiting the centers during hours of operation.

		Thursday 6/1/2017		Friday 6/2/2017	
		Chef Salad * Cold Pickled Beets Saltine Crackers Lemon Pudding Milk Ranch Salad Dressing		Turkey Spaghetti Casserole Creole Corn Italian Green Beans Dinner Roll Fresh Banana Milk	
Monday 6/5/2017	Tuesday 6/6/2017	Wednesday 6/7/2017	Thursday 6/8/2017	Friday 6/9/2017	
Breaded Chicken w/ Gravy ~ Chuckwagon Corn Broccoli Wheat Bread Peanut Butter Cookie Milk	Swedish Meatballs ~ Egg Noodles Tossed Salad Wheat Bread Fresh Apple Milk Italian Salad Dressing	Baked Chicken Thigh Cornbread Dressing Brussels Sprouts Dinner Roll Cherry Fruited Gelatin Milk Cranberry Sauce	Sliced Turkey Breast Swiss Cheese Couscous Salad Broccoli Salad Wheat Tortilla Chocolate Pudding Milk Mustard	Cuban Shredded Pork Hashbrown Potatoes Spinach Hamburger Bun Fresh Banana Milk	
6/12/2017	6/13/2017	6/14/2017	6/15/2017	6/16/2017	
Beef w/Burgundy Sauce ~ Scalloped Potatoes Brussels Sprouts Dinner Roll Nutty Buddy Milk	BBQ Pork Rib Patty *~ Potato Salad Italian Green Beans Hamburger Bun Peach Cobbler Milk	Lemon Pepper Chicken Thigh Broccoli and Rice Casserole Sliced Carrots Wheat Bread Birthday Cake Ice Cream  Milk	Sliced Ham * Swiss Cheese Lettuce and Tomato Macaroni Salad Kaiser Roll Oatmeal Cookie Milk Mayonnaise and Mustard	<u>Father's Day Holiday Meal</u> Mushroom Wine Beef Patty ~ Red Skinned Whipped Potatoes Black-Eyed Peas Dinner Roll Marble Cake Milk	
6/19/2017	6/20/2017	6/21/2017	6/22/2017	6/23/2017	
<u>Juneteenth Holiday Meal</u> BBQ Pork Rib Patty * ~ Potato Salad Broccoli Dinner Roll Strawberry Shortcake Cookie Milk	Chicken Cordon Bleu ~ Tossed Salad Spinach Wheat Bread Fig Bar Milk Ranch Salad Dressing	Baked Meatballs w/Gravy ~ Ranch Potatoes Broccoli w/Lemon Zest Dinner Roll Pineapple Tidbits Milk	Chicken Salad Balsamic Cucumbers & Tomatoes Corn Salad Kaiser Roll Orange Fruited Gelatin Milk	Smoked Sausage * Cajun Rice Kidney Beans Cornbread Strawberry Swirl Pudding Milk Margarine	
6/26/2017	6/27/2017	6/28/2017	6/29/2017	6/30/2017	
Country Fried Steak ~ Country Gravy Garlic Whipped Potatoes Squash, Zucchini & Tomatoes Wheat Bread Fudge Cream Cookie Milk	Turkey Tetrizzini Green Peas Sliced Carrots Wheat Bread Cherry Fruited Gelatin Milk	Swiss Steak ~ Confetti Rice Green Beans w/Onions Dinner Roll Chocolate Pudding Milk	Turkey Pastrami Swiss Cheese Tri Colored Pasta Salad Coleslaw Hoagie Bun Fresh Orange Milk Mustard	Hamburger Patty ~ Lettuce and Tomato Baked Beans Hamburger Bun Spiced Apple Slices Milk Mustard and Ketchup	

Blair Mize, RD, LD #DT84696

* - Contains Pork
 ~ - Entrée Contains Soy

