



April



Lunch is offered for a low suggested donation of \$1 to qualified 60+ participants. Those 59 and under may purchase a meal for \$7.75. Lunch is served Monday-Friday at Goodbar and Evans Senior Centers 11:30 a.m. Advanced reservations are required.
 "This program is supported, in part, by the City of Mesquite, the Dallas Area Agency on Aging and the Texas Department of Health and Human Services."

		Wednesday	Thursday	Friday
		4/1/2026	4/2/2026	4/3/2026
		Glenn's Meatloaf Brown Gravy Twice Whipped Potatoes Herbed Green Beans Dinner Roll Nutty Buddy Bar [Ⓛ] Milk	Turkey Spaghetti Lemon Pepper Brussels Sprouts Country Tomatoes Wheat Bread Butterscotch Pudding Milk	All Beef Patty Lettuce and Tomato Baked Beans Hamburger Bun Apple Cobbler Milk Mustard and Ketchup
Monday	Tuesday	4/8/2026	4/9/2026	4/10/2026
4/6/2026	4/7/2026	4/8/2026	4/9/2026	4/10/2026
Marsala Chicken Meatballs~ Dirty Rice Parslied Carrots Texas Bread Cherry Craisins Milk	Steakhouse Beef~ Whipped Potatoes Herbed Green Beans Wheat Bread Fresh Apple Milk	Chicken Picatta Rotini and Tomatoes California Vegetables Dinner Roll  Frosted Birthday Cake Vanilla Ice Cream Milk	Cheese Omelet# Tomato Salsa Seasoned Black Beans Spinach Biscuit# Cinnamon Applesauce Milk	Turkey Noodle Casserole Sliced Carrots Cauliflower Texas Bread Lime Gelatin with Pears Milk
4/13/2026	4/14/2026	4/15/2026	4/16/2026	4/17/2026
Turkey Tetrzinni Country Vegetables Stewed Tomatoes Wheat Bread Sugar Cookie Milk	Chicken Chili Corn O'Brien Sliced Carrots Club Crackers Fresh Orange Milk	Swiss Steak~ Garlic Whipped Potatoes Italian Green Beans Dinner Roll Strawberry Applesauce Milk	Lemon Scarpariello Chicken Confetti Rice Brussels Sprouts Texas Bread Orange Gelatin with Pineapple Milk	All Beef Patty Lettuce and Tomato Ranch Beans Hamburger Bun Peach Cobbler Milk Mustard and Ketchup
4/20/2026	4/21/2026	4/22/2026	4/23/2026	4/24/2026
Tarragon Chicken Pesto Penne Pasta Tangy Spinach Wheat Bread Oatmeal Cream Cookie [Ⓛ] Milk	Rosemary Beef~ Whipped Potatoes Catalina Vegetables Wheat Bread Mandarin Oranges and Pineapple Milk	Kielbasa Sausage* Baked Beans Medley Cabbage Hot Dog Bun Fresh Apple Milk	Beef Stroganoff Broccoli Sliced Carrots Texas Bread Strawberry Gelatin with Pears Milk	Chef Salad Corn Salad Mixed Fruit Club Crackers Milk Light Ranch Dressing
4/27/2026	4/28/2026	4/29/2026	4/30/2026	
Horseradish Beef Meatballs~ Rice Florentine Broccoli Texas Bread Emerald Pears# Milk	Glazed Ham* Lima Beans Okra and Tomatoes Corn Muffin Fresh Orange Milk	Glenn's Meatloaf Tomato Gravy Delmonico Potatoes Peas and Carrots Dinner Roll Oatmeal Cream Cookie [Ⓛ] Milk	Turkey Macaroni and Cheese Cauliflower Brussels Sprouts Texas Bread Lemon Gelatin with Peaches Milk	~ - Entrée Contains Soy Ⓛ - Contains Peanuts * - Contains Pork # - New Menu Item <i>Sarah Hutsler, RD, LD</i> Sarah Hutsler, RD, LD #DT81463 Expires 11/30/2027

