

# JULY 2023 PARKS & RECREATION MONTH

Parks & Recreation Month recognizes the vital role that Parks & Recreation plays in vibrant communities



See the calendar below and discover an array of parks, activities and events to experience in Mesquite, TX

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Aqua Zumba at Vanston Pool for \$10 7:15 p.m.
2 Swim at CityLake Pool 12 p.m	3 Adults 50+ Tell My Story at Rutherford 1 p.m.	4 Open Gym at Evans 6 p.m.	5 Get Fit Adult Swim at City Lake Aquatic Center 11 a.m.	6 Adults 50+ Lunch at Evans & Goodbar 11:30 a.m.	7 Visit the Spray Zone at Clay Mathis Park	8 Free Intro to Archery at Westlake Sports Center 9:30 a.m.
9 Play Disc Golf at Paschall Park	10 Goodbar Open House 6:30 p.m.	11 Adults 50+ Girlfriends Taco Tuesday at Rutherford 6 p.m.	12 Back the Blue Ice Cream Social at Goodbar 12:15 p.m.	13 Play Futsal at McWhorter School Park	14 Free Luau Pool Party at City Lake Aquatic Center 6 p.m. - 9 p.m.	15 Free Tennis Play Day Westlake Sports Center 11 a.m.
16 Ride a bike on the Heritage Trail	17 Adults 50+ Painting Class at Goodbar 9:30 a.m.	18 Paint & Take Ceramics at Goodbar 6:30 p.m.	19 Urban Soul Line Dancing at Florence 6:30 p.m.	20 Play Sand Volleyball at Town East Park	21 Play Pickleball at Rutherford 6 - 9 p.m.	22 Visit the Farmer's Market at Front Street Station 9 a.m.
23 Play a round of Golf at the Mesquite Golf Club	24 Adults 50+ Color Me Studio at Evans 9:30 a.m.	25 Karate Shotokan at Evans 6 p.m.	26 Explore the Basketball Courts at Shands	27 Okinawa Karate-Do at Florence 6:30 p.m.	28 Kayak at Camp Rorie Galloway 11 a.m.	29 Free Pop Up at the Park at Clay Mathis Park 9 a.m.
30 Visit the Leash Free Zone at Town East Park	31 Explore the Butterfly Trails at Paschall Park					

